Two Day International E-Conference on
“Trends Issues and Development of Physical Education and Sports”

Theme
All Round Development of Human Personality
(30 – 31 July 2020)

Jointly organized by Department of Physical Education and sports Science, Fit India Campaign Committee and Fit India Club, Manipur University in collaboration with National Association of Physical Education and Sports Science (NAPESS) & Research Culture Society

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Malaysia

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Malaysia

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**GUIDELINES FOR PAPER SUBMISSION**

1. Full Abstracts and paper must be written in English and saved as a Microsoft Word format.  
2. Title: Capitalized the entire title.  
3. Full Abstracts and paper should be in Time New Roman in A4 format leaving 2.5 cm on the top and bottom & 3.0 cm as left and right margin, the title (front size 12) should be bold and capital followed by Author’s name(s) and affiliation in Italic (front size 11).  
4. The main author’s name should be bold.  
5. The Abstracts and Full paper should follow this format: Propose, introduction, methodology, result, Discussion and finding and conclusion.  
6. The Peer Review Committee will be reviewed abstracts and full research paper for publication in the UGC-CARE list journal with ISSN.  

**REGISTRATION**

1. **Registration Free:** Free registration for attending the conference with Cisco Webex.  
2. **Registration Fees:** Registration fees for publishing the research paper in the UGC CARE list Journal of this conference.  

<table>
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<tr>
<th>Registration Category</th>
<th>On or before 28th July, 2020</th>
<th>After 28th July, 2020</th>
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<tr>
<td>National Delegates</td>
<td>Rs.600</td>
<td>Rs. 800</td>
</tr>
<tr>
<td>Foreign Delegates</td>
<td>$50 US Dollar</td>
<td>$60 US Dollar</td>
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Registration fees can be paid by the following modes:  
Bank transfer  
Account Name: Department of Physical Education and Sports Science, Manipur University  
Account Number: 34807648895  
Bank: SBI (State Bank of India)  
Branch: Manipur University Branch  
Branch Code: 005320  
Branch IFSC Code: SBIN0005320  
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Mode of Electronic Transfer Available: Yes

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For More Details, Please Contact:  
Dr. L. Santosh Singh [mobile: +91-8974376540, email: santoshlaishram [AT] manipuruniv.ac.in ]
Entry in Webinar: 10:30 – 10:50 AM (Indian Standard Time)

PROGRAMME
Day 1: 30th July, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Inaugural Function</th>
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<tr>
<td>11:00 – 11:20 a.m.</td>
<td>Welcome Address: Dr. L. Santosh Singh, Organizing Secretary</td>
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<tr>
<td></td>
<td>Chief Guest Speech: Shri. Jarnail Singh, Hon’ble VC, MU</td>
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<td>Guest of honor Speech: Prof. P. Chinappa Reddy, Chief Patron: NAPESS</td>
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<tr>
<th>Time</th>
<th>Name of Key Note Speaker</th>
<th>Topic</th>
<th>Moderator</th>
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<tr>
<td>11:20 – 12:00 Noon</td>
<td>Prof. Nayana Nimkar Director, Symbiosis School of Sports Science, Mumbai, Maharashtra - India</td>
<td>Trends Issues and Development in Physical Education and Sports</td>
<td>Professor P. Ravikumkar, India</td>
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<tr>
<td>12:00 – 12:40 Noon</td>
<td>Professor Dr. Oleksandr Krasilshchikov Exercise and Sports Science Programme School of Health Sciences Universiti Sains Malaysia MALAYSIA / UKRAINE</td>
<td>Changing Trends of Physical Education and Sports</td>
<td>Dr. Benu Gupta, Vice President, NAPESS</td>
</tr>
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<tr>
<td>12:40 –1:20 P.M</td>
<td>Professor Lim Boon Hooi Sports Centre, University of Malaya,Kuala Lumpur, Malaysia.</td>
<td>Major Role of Core Strength Exercise Fitness Programme</td>
<td>Dr. L.Thambal Singh, Assistant Professor Department of PESS, MU</td>
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**E-certificate will be provided to all the registered participants after attending all the sessions.**

For More Details, Please Contact:
Dr. L. Santosh Singh [mobile: +91-8974376540, email: santoshlaishram [AT] manipuruniv.ac.in ]

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Day 2: 31 July, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Name of Speaker</th>
<th>Topic</th>
<th>Moderator</th>
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<tr>
<td>11:00 – 11:40 AM</td>
<td>Prof. Dr. Habil. Dr. H.C. Klaus-Peter Herm Institute for Exercise and Anthropology of Sports, Germany</td>
<td>Issues and Development of Children and Youth Sports</td>
<td>Dr. Nita Bandopadhyaya, Joint Secretary, NAPESS</td>
</tr>
<tr>
<td>11:40 – 12:20 PM</td>
<td>PROF. DR. ERIKA ZEMKOVA Department of Sports Kinanthropology Faculty of Physical Education and Sport Comenius University-Bratislava Slovakia</td>
<td>General Versus Sports - Specific Testing of Postural and Core Stability</td>
<td>Mr. L. Pungding, Assistant Professor Department of PESS, MU</td>
</tr>
<tr>
<td>12:20 PM – 1:00 PM</td>
<td>Dr. Khaleel Khalifa Dougman Abu Dhabi Sports Council, Abu Dhabi</td>
<td>Exercise Science and Sports Performance</td>
<td>Dr. M. Chourjit Singh</td>
</tr>
<tr>
<td>1:00 PM – 1:20 PM</td>
<td>Presidential Speech</td>
<td>Vote of Thanks</td>
<td>Prof. T. Inaobi Singh, Head, Dept. PESS, MU</td>
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**Sub - Theme of the Conference**

- Physical education and technology
- Adapted physical education
- Sports Biomechanics
- Exercise Physiology & sports medicine
- Health and Fitness, Health Promotion and Wellness
- Sports Nutrition
- Sports Psychology
- Sports Management
- Strength and Conditioning
- Anthropometry
- Research Methodology
- Sports sociology
- Sports Coaching and Training Science
- Physical Activity and Public Health
- Physical Activity And Women
- Mental Health and Counseling
- Talent Identification
- Sports Pedagogy
- Science of Yoga