



Research Culture Society & Scientific Research Association

International Scientific Research Organizations
www.researchculturesociety.org



International Workshop on Personality Metamorphosis

Date : 27th to 31th July, 2021
Timing : 5:00 PM to 6:30 PM (IST)



Objectives: Holistic development of personality, To foster communication and develop professional skills.

Topics to be covered:

- 1) Introduction Know Thyself, 2) Communication Skills, 3) Management Skills, 4) Placement Preparatory Skills, 5) Interview Skills.

Learning platform: Zoom Meeting.

Submit the registration and payment details on or before 26th July, 2021 through email:-

racsprogrammes@gmail.com



Resource Persons:

J. Nancy Jenitha Kumari
Life Skill Coach, Counselor & Psychotherapist.

Dr. M. Gilbert Rani (Ph.D in Mathematics)
Assistant Professor, Arul Anandar College, M. K. University, India.

Organizing Committee:
Dr. C. M. Patel
Director, Research Culture Society.

Registration Form link :

<https://forms.gle/Qg8ZS7ZUtvTxWLGm8>

Registration Fee : Rs. 100 INR / \$ 8 USD
(Includes the resource materials along with the e-certificate)

Mode of payment : Bank Account details will be given to participants through email. OR online.

Payment Options:- NEFT / RTGS / UPI, GPay, Paytm, Bank payment app / Debit – Credit Card / Paypal.

Online Payment : <http://researchculturesociety.org/payment/>



More details available on:
www.researchculturesociety.org

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Contents

Day 1:

Introduction of Profession Skills

- ✓ Listening Skill
- ✓ Speaking Skill
- ✓ Reading Skill
- ✓ Writing Skill

Day 2:

Know Thyself

- ✓ Self Awareness
- ✓ Self Knowledge
- ✓ Self Criticism
- ✓ Self Compassion
- ✓ Self Efficacy
- ✓ Self Development

Day 3:

Stress & Time Management

- ✓ Introduction of Stress
- ✓ Techniques to overcome Stress
- ✓ Time Management

Day 4:

Emotional Intelligence

- ✓ What is Emotion?
- ✓ Health vs Emotion
- ✓ Coping Emotions

Day 5:

Interview Skills

- ✓ Hunting the Job
- ✓ Resume Writing
- ✓ Group Discussion
- ✓ Interview Tips

Join our 'Scientific Research' Groups on Telegram App link : (Open these links in mobile):

https://t.me/Scientific_Researchers_World

&

<https://t.me/ScientificResearchAssociation>