



Research Culture Society

International Scientific Research Organization

www.researchculturesociety.org

and

Scientific Research Association

Registered International Organization



Scientific Research Association

National Level Personal Development Program on Achieving Excellence through Self Awareness: Upbeat your Life Skills



Date : 26 to 30 June, 2022
Timing : 6:00 pm to 7:30 pm (IST)



Online / Virtual Mode



Who should attend ?

- Students and Research Scholars.
- Teachers, Lecturers, Learners and Employees.
- Interested Citizens.

Registration Form:

Click Here To Register

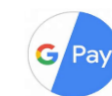
Email : rcsprogrammes@gmail.com

More details available on: www.researchculturesociety.org

Registration Fee : Rs. 250 INR / \$ 8 USD
(INR for Indian & USD for Abroad candidates)

Payment Options:-

GPay, Paytm, PhonePe



or

Paytm

+

91 9033767725

Contact No: + 91 9033767725 (call & whatsapp)

Submit the registration and send payment slip copy by email.



Emotion control



Life balance



Creative thinking



Effective communication



Critical thinking



Optimistic



Empathy



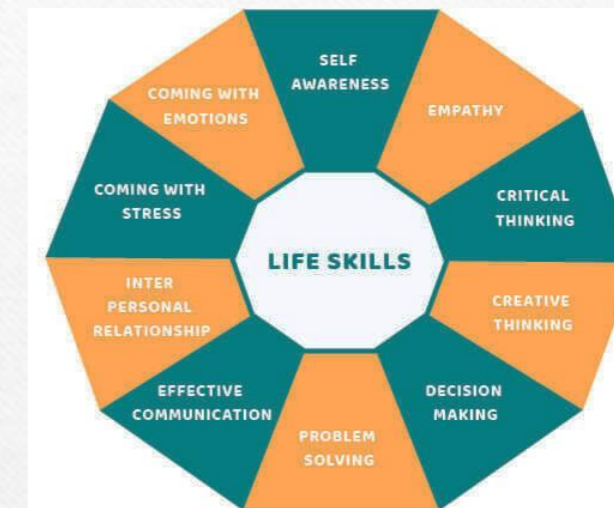
Self esteem



Self awareness



Get along with others



About the PDP : National level PDP launch to gain core knowledge about Life skills for students and interested citizens. Such skills may enhance the performance and productivity leading towards success but at the same time one may feel a deep sense of discontent while at the peak of their career. It would not be out of place to admit here that true satisfaction comes only through self awareness and the art to live a life of harmony. Corporate today strives towards achieving harmony amidst tough work-life balance. But the question is how Academia is coping up in the dynamic and fast changing teaching-learning environment. Amidst the hustle and bustle of performing and meeting the deadlines, many a times an academican feels a deep sense of discontent and work-life crisis. Here comes the value of Life Skills which encapsulates in itself the concept of self awareness leading to the social, personal, intellectual and emotional skills, thus preparing learners for meaningful and successful living in today's globalized context. Life Skills do the work of combining all these components in accurate share into skills and shaping them into competencies.

What you'll learn ?

➤ Communication, Adaptability & Attitude, Critical & Creative thinking, Emotional Quotient, Interpersonal and Impersonal relationship, Argumentation & Negotiation Skills, Networking Skills, Decision Making, Managing Ethics and Conflicting Behavior.

Participation Fees:

Registration Fee : Rs. 250 INR / \$ 8 USD
(INR for Indian & USD for Abroad candidates)

Payment Options available on page number 4.



Resource Persons - Topics

Day – 1: 26/06/2022	Dr. Chetna Sinha	Achieving harmony through great Communication, Adaptability & Attitude
	Dr. Babita Tyagi	Critical & Creative Thinking
Day – 2: 27/06/2022	Dr. Chetna Sinha	Excellence through Emotional Quotient
	Dr. Babita Tyagi	Managing Self before Leading
Day – 3: 28/06/2022	Dr. Bhoomika Sachacher	Interpersonal and Impersonal Relationship
	Dr. Babita Tyagi	Argumentation & Negotiation Skills
Day – 4: 29/06/2022:	Dr. Vishal Anand	Networking Skills
	Dr. Bhoomika Sachacher	Decision Making
Day – 5: 30/06/2022	Dr. Chetna Sinha	Managing Ethics and Conflicting Behaviour



Dr. Chetna Sinha
Assistant Professor (II), School of Humanities
KIIT University, Bhubaneswar



Dr. Babita Tyagi
Assistant Professor, Department of HSS,
KIET Group of Institutions, Delhi - NCR



Dr. Bhoomika Sachacher
Director & Consultant Clinical Psychologist
Heal 100, A Complete Psychological Centre,
Ranchi, Jharkhand



Dr. Vishal Anand
Institute Postdoctoral Fellow
IIT – Roorkee, India

Participants and Certificate :

- Students, Researchers, Teachers, Lecturers, Employees, Learners and other interested Citizens.
- e-certificate will be provided to registered - paid participants.

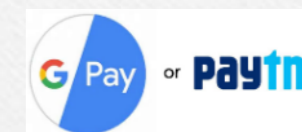
Registration Fee : Rs. 250 INR / \$ 8 USD
(INR for Indian & USD for Abroad candidates)



Payment mode: NEFT/ RTGS / Online banking / GPay, Paytm, BHIM, or any other UPI Apps, Bank payment Apps / Paypal.

GPay / Paytm Number : +91 9033767725 (by entering our below bank account number)

From Paytm - To Bank A/c Account - Enter our below Bank Account details - proceed - payment.



BANK NAME - CANARA BANK

ACCOUNT NUMBER - 4540201000207

ACCOUNT TYPE - CURRENT

ACCOUNT HOLDER NAME (Beneficiary name) - RESEARCH CULTURE SOCIETY

BRANCH - PADRA, VADODARA, GUJARAT, INDIA

IFSC CODE - CNRB0004540

SWIFT CODE - CNRBINBBVAD

(International Participants - Paypal Payment OR Pay using International Debit / Credit card.

Online Payment Link: <https://researchculturesociety.org/payment/>

In Paypal option - Just type : \$ 8 USD in - Other Amount – box then proceed further

Learning platform: Zoom / Google Meet – Virtual Meeting.

(Meeting link will be shared through email)

Registration Form Link:



Submit the registration and send payment slip by email.

Email: rcsprogrammes@gmail.com

The Director,
Research Culture Society. (www.researchculturesociety.org)

International Short Term Training Programme on
Developing Personal effectiveness through Soft Skills

Date : 25 to 30 June, 2022

Timing : 6:00 pm to 7:30 pm (IST)

One Week - Online Mode - Zoom Meeting

Organizing Committee:

Dr. C. M. Patel

Director, Research Culture Society.

Dr. Jessica

Founder, Scientific Research Association.

Ms. Jaya Chetwani

Counsellor and Special Educator, Pune, India

Dr. Chetna Sinha

Assistant Professor (II), School of Humanities,
KIIT University, Bhubaneswar