National Level Personal Development Program on
Achieving Excellence through Self Awareness: Upbeat your Life Skills

Date: 26 to 30 June, 2022
Timing: 6:00 pm to 7:30 pm (IST)

Who should attend?
- Students and Research Scholars.
- Teachers, Lecturers, Learners and Employees.
- Interested Citizens.

Registration Form:

Email: rcsprogrammes@gmail.com

More details available on: www.researchculturesociety.org

Registration Fee: Rs. 250 INR / $ 8 USD
( INR for Indian & USD for Abroad candidates )

Payment Options:
- GPay, Paytm, PhonePe
- 91 9033767725 (call & whatsapp)

Submit the registration and send payment slip copy by email.
About the PDP: National level PDP launch to gain core knowledge about Life skills for students and interested citizens. Such skills may enhance the performance and productivity leading towards success but at the same time one may feel a deep sense of discontent while at the peak of their career. It would not be out of place to admit here that true satisfaction comes only through self awareness and the art to live a life of harmony. Corporate today strives towards achieving harmony amidst tough work-life balance. But the question is how Academia is coping up in the dynamic and fast changing teaching-learning environment. Amidst the hustle and bustle of performing and meeting the deadlines, many a times an academician feels a deep sense of discontent and work-life crisis. Here comes the value of Life Skills which encapsulates in itself the concept of self awareness leading to the social, personal, intellectual and emotional skills, thus preparing learners for meaningful and successful living in today's globalized context. Life Skills do the work of combining all these components in accurate share into skills and shaping them into competencies.

What you'll learn?
- Communication, Adaptability & Attitude, Critical & Creative thinking, Emotional Quotient, Interpersonal and Impersonal relationship,
- Argumentation & Negotiation Skills, Networking Skills, Decision Making, Managing Ethics and Conflicting Behavior.

Participation Fees:

Registration Fee: Rs. 250 INR / $ 8 USD
( INR for Indian & USD for Abroad candidates)

Payment Options available on page number 4.
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<td>Dr. Chetna Sinha</td>
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<td>Dr. Babita Tyagi</td>
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<td><strong>Day – 2:</strong> 27/06/2022</td>
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<td>Dr. Vishal Anand</td>
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<td>Dr. Bhoomika Sachacher</td>
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<td><strong>Day – 5:</strong> 30/06/2022:</td>
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<td>Dr. Chetna Sinha</td>
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**Dr. Chetna Sinha**  
Assistant Professor (II), School of Humanities  
KIIT University, Bhubaneswar

**Dr. Babita Tyagi**  
Assistant Professor, Department of HSS, KIET Group of Institutions, Delhi - NCR

**Dr. Bhoomika Sachacher**  
Director & Consultant Clinical Psychologist  
Heal 100, A Complete Psychological Centre, Ranchi, Jharkhand

**Dr. Vishal Anand**  
Institute Postdoctoral Fellow  
IIT – Roorkee, India
Participants and Certificate:

- Students, Researchers, Teachers, Lecturers, Employees, Learners and other interested Citizens.
- e-certificate will be provided to registered - paid participants.

Registration Fee: Rs. 250 INR / $ 8 USD
( INR for Indian & USD for Abroad candidates )

Payment mode: NEFT/ RTGS / Online banking / GPay, Paytm, BHIM, or any other UPI Apps, Bank payment Apps / Paypal.
GPay / Paytm Number: +91 9033767725 (by entering our below bank account number )
From Paytm - To Bank A/c Account - Enter our below Bank Account details - proceed - payment.

BANK NAME - CANARA BANK
ACCOUNT NUMBER - 4540201000207
ACCOUNT TYPE - CURRENT
ACCOUNT HOLDER NAME (Beneficiary name) - RESEARCH CULTURE SOCIETY
BRANCH - PADRA, VADODARA, GUJARAT, INDIA
IFSC CODE - CNRB0004540
SWIFT CODE - CNRBINBBVAD

( International Participants - Paypal Payment OR Pay using International Debit / Credit card.

Online Payment Link: https://researchculturesociety.org/payment/
In Paypal option - Just type : $ 8 USD in - Other Amount – box then proceed further

Learning platform: Zoom / Google Meet – Virtual Meeting.
( Meeting link will be shared through email )

Registration Form Link:
Submit the registration and send payment slip by email.
Email: rcsprogrammes@gmail.com

The Director,
Research Culture Society. ( www.researchculturesociety.org )

International Short Term Training Programme on Developing Personal effectiveness through Soft Skills
Date: 25 to 30 June, 2022
Timing: 6:00 pm to 7:30 pm (IST)
One Week - Online Mode - Zoom Meeting

Organizing Committee:
Dr. C. M. Patel
Director, Research Culture Society.

Dr. Jessica
Founder, Scientific Research Association.

Ms. Jaya Chetwani
Counsellor and Special Educator, Pune, India

Dr. Chetna Sinha
Assistant Professor (II), School of Humanities, KIIT University, Bhubaneswar